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Re-Igniting, Empowering, Aligning through Counseling Techniques

Gain practical tools and a solid understanding of both foundational and modern counseling theories. Explore realworld case studies, collaborate with peers, and apply key approaches to today's school settings through hands-on activities. Led by School Psychologist, Dr. Michael Cantu.





Dates:

September 8, 2025 (Virtual) October 13, 2025 (Virtual) November 10, 2025 (Virtual) December 8, 2025 (In-Person)

Virtual Sessions will be recorded.

WORKSHOP #376317

Details:

Time: 9:00 am - 11:00 am (2-hours) Format: Virtual with final session in person (La Lomita Room ESC) Participants: Up to 40 Homework, Breakout Sessions.

and Interaction

Theories

Person-Centered Approaches



✓ Solution-Focused Therapy



✓ Cognitive-Behavioral Therapy



Integrative Approach

Audience

School-Based Counselors, LPCs, Licensed School Psychologists, Social Workers

For More Information Contact:

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